

Western New York Pediatric Associates PLLC

5800 Big Tree Road, Orchard Park, NY 14127

Phone: 716.662.7337

Admin Fax: 716.662.8244 Nurses Fax: 716.667.3827

E-Fax: 716.662.0641

Gerald A. Lauria, M.D., FAAP
Pediatrics

Carol M. Cooley-Guth, M.D., FAAP
Pediatrics

Mary E. Schamann, M.D., FAAP
Pediatrics

Colleen A. Mattimore, M.D., FAAP
Pediatrics

Maxine E. Szumigala, M.D., FAAP
Pediatrics

Jennifer E. Miller, M.D., FAAP
Pediatrics

William S. Webster, M.D.
Emeritus, Founder

Joseph M. Mattimore, M.D.
Emeritus, Founder

Bernadette P. MacLeod, C.P.N.P.
Fitness and Nutrition Coordinator

Susan B. Kissel-Maute, C.P.N.P.
Certified Lactation Consultant

Norine C. Boyd, C.P.N.P.
Asthma Education Coordinator

Dear Parent or Guardian,

Now that your child is almost a teenager, there are some things we would like to share with you that are important to provide the best care.

Your son or daughter's body is changing and so are his or her feelings. There are many health risks during the teenage years that we try to prevent, such as accidents, violence, unprotected sex, drug and alcohol use and stress.

It is good to stay close to your child. It is also important for you to allow them some time alone to talk about their health and changes in their bodies and lives. We encourage teenagers to share information with their parents. There are some things that your teen may rather talk about with their doctor or nurse.

Starting in the teen years we ask for more input from them about their health. As part of comprehensive health care it is our practice to ask parents to wait outside for part of the visit. **Teens often have questions or concerns they may feel embarrassed to talk about in front of their parents.** It is important to give them freedom to grow but not so much they get involved in the wrong activities.

As part of the teen health visit we use a **confidential** health survey*. The survey is *highly recommended* but is not mandatory. Its purpose is to give the doctor information to help care for your son or daughter. This survey was developed by the Adolescent Quality Work Group which included representatives from NYS Department of Health, and the American Academy of Pediatrics.

Please visit our WEB site (www.wnypediatrics.com) for more information. We will always defer to the parent's or teen's choice for comfort level regarding the visit and survey.

Sincerely,

WESTERN NEW YORK PEDIATRIC ASSOCIATES PLLC